

Safety Measures for CHAMP Fitness Classes

1. Temperature checks will be performed upon arrival. A person with a temperature of 100.4 or higher will not be allowed to participate.
2. In accordance with Executive Order No. 180, masks must be worn at all time by instructors and participants. Face masks will be provided if needed.
3. Areas will be marked to let you know where to stand in order to maintain social distancing during workout.
4. Hand sanitizer will be provided.
5. Disinfecting wipes will be provided.
6. Please do a self-assessment for any symptoms of illness before coming to any CHAMP fitness class. If any symptoms are present, do not come to class. It is our goal to promote health and safety for everyone involved in any program at CHAMP Sports Outreach.